

**Glendale Heights Center for Senior Citizens  
Senior Citizens Advisory Committee Meeting  
April 26, 2023  
Minutes**

**PRESENT**

Jennifer Alagna  
Keith Knautz  
Pat Maritato  
Mary Schroeder  
Leona Breede  
Lavonna Hawkins  
Joan Kernan  
Patti Pauling  
Joanne Soo  
Joe Toma

The meeting was called to order at 8:30am. Minutes of the March 22, 2023 meeting were reviewed and accepted.

**New GYM Layout**

Jennifer reviewed the update to the gym and addition of the recumbent bike. There was an issue with the time people spent on the new bike, and limits were put on usage time to allow for sharing. The regular gym users helped with suggestions for the new layout, and it seems to be working out fine.

**New Senior Center Addition**

Keith reviewed the architect's plans for the new addition. It will go to bid now. Ten more feet will be added to the back to allow for a storage shed. The senior center staff will decide how the shed will be divided for storage. Keith showed samples of the carpet and tile to be used for the renovation and took samples in to the community room to show how it would look. The carpet and tile will be put in community room, hall and foyer. Painting is not included in the addition as village staff will do the painting. Flooring, AV equipment, automatic doors are included. The raised toilets would be expensive and the handicap stall has a high toilet.

The proposal will go to the Village board for approval at the June 15 or June 22 meeting.

The work should begin after approval and projected to be completed by October 1, 2023. There will be a shutdown of one week for some operations in the center. The Sports Hub can be used.

### **Senior Center Activity Guide**

The activity guides were distributed for activities in spring and summer. Registration will be open as of May 1. The Hub services and golf course are also included in the guide.

### **Tea Party – May 11, 2023**

Joe and Pat have volunteered to serve at the Tea Party.

### **DSCC Community Dining**

The community dining has been cancelled. DSCC won't do dining anymore but will continue to work in the kitchen for Meals on Wheels. Jennifer will talk to DSCC about possibly having future lunch events. In the meantime the center will continue to do lunch and learns every so often. There is a lunch and learn showing in the new activity guide because we did not get the information on the cancellation in time to delete it.

### **White Crane Wellness- Fit and Strong**

Jennifer will talk to them to continue Fit and Strong

### **Book Signing – Bruce Delaney**

There will be a book signing in the week of May 21 for Bruce Delaney, Senior Center member, to introduce his new book. He has already published *Valerie*, a teen book. Details will be distributed to members.

### **Four Winds Casino – August 24, 2023**

A one day trip to Four Winds casino is scheduled for Thursday, August 24, 2023 from 8:00am to 4:00pm for \$48.00 including \$10.00 food voucher and \$15.00 slot play.

### **Wear Your Travel Souvenir Shirts on Fridays**

The usual Friday “wear your favorite team’s shirt” day will change to “wear your travel souvenir shirt” day as of May 1. Whoever wears a shirt from a vacation or out of town site seeing trip will receive a raffle ticket for prizes. This is a good way to get people talking about their vacations and places they have visited.

**Volunteer Breakfast**

The group reviewed the breakfast and had suggestions to allow us to meet more people who we may not always see at the center. It would be nice to announce how each person volunteers at the center and also have name tags for each volunteer.

**Dinner Dance**

The group discussed the dinner dance held in April and was very positive about it. Those who attended suggested that it should be an annual event.

**Suggestion**

It was suggested that a lunch and learn could be done to instruct seniors again about the scams that are being done targeted specifically for seniors.

**Coordination with Carol Stream for Events**

Keith reviewed the meeting that took place between Glendale Heights and Carol Stream to discuss possible coordination of events between villages. As of now we cannot use their bus as there are not enough employees. We will continue to share events between villages and post HUB trips for the senior center members to go on. There will be more opportunities to speak with Carol Stream on the issue.

**Bus**

The senior center bus is in need for repair. It needs painting and is rusted. We will talk to fleet department regarding the bus regeneration.

**State of Illinois Food Certificate**

Anyone needing to retake the food handling test for the certificate should let Patti know and she will get it for you.

The next meeting is scheduled for May 24, 2023 at 8:30am. The meeting was adjourned at 9:55am.

Respectfully submitted,

Joanne Soo