

**Glendale Heights Center for Senior Citizens  
Senior Citizens Advisory Committee Meeting**

**Wednesday February 26, 2020  
Minutes**

**PRESENT:**

Leona Breede  
Bimla Gupta  
Lavonna Hawkins  
Joan Kernan  
Pat Maritato  
Mary Schroeder  
Joanne Soo

**Guest:** Jennifer Alagna (for Brunch Review only)

**Absent:**

Karyn Hilborn  
Joe Toma

The meeting was called to order at 8:35am by Debbie McKenzie. The minutes of the January 22, 2020 meeting were reviewed and accepted.

**Renewal of Membership**

To date 197 members have renewed their membership for 2020 with a total of \$2,797 being collected through the \$5.00 and \$30.00 annual membership fee for residents and non-residents respectively. Debbie explained the tracking of the members is done by address and will be getting the resident vs. non-resident data in the May 1 report. She informed the group that there has been a very good response to the raising of the membership fees. Only one resident lodged a complaint and no non-residents have complained.

**Kiss Me IM Irish – 3-12-20**

To date there are 43 registered for the event. In connection with St. Patrick's Day there has been some confusion between our Center sponsored event and the DSCC Irish lunch on March 2. The information circulated was vague and many members registered thinking that there would be traditional Irish corned beef and cabbage. The DSCC program is regarding serving a healthy St. Patrick's Day meal and does not feature corned beef and cabbage which our March 12 event will include. The DSCC staff will call all the members who have registered to explain the menu and allow members to decline if they choose to do so.

### **March Poison Prevention Month**

Debbie will do presentations at Lunch and Learn both here and at the Library “reduce the Risk” on March 9. The Police Department has a disposal box for prescription and over the counter drugs to be turned in safely. The best way to dispose of them in the box is to remove the capsules, pills, etc from the bottles and put them in a plastic bag before turning them in.

### **Super Senior Mobile Unit – 4/7/20**

The Illinois state driver’s license agency will again be here to renew licenses and get ID cards. No Real ID cards will be available through the unit or through any express offices. Only full service locations will provide the Real ID Cards.

Because they will be here on a Tuesday the Income Tax volunteers will only be having tax appointments on Thursday that week.

### **New Activity Guide \_ Spring and Summer**

The deadline for the new activity guide will be March 15. Debbie outlined some of the upcoming events to be noted in the guide:

- BBQ – June
- Pot Luck – July
- Anniversary Party of the center – August. This event will be done in conjunction with the Village Administration and the specifics have not been decided as of yet. This will be a grand anniversary party as the Center will be open for 10 years in August.
- Ice Cream Social – September
- Halloween Party – October
- Pizza and Games – November

### **Volunteer Coffee – 4-28-20**

Three people will be going to the Village Board to be honored for serving 200 volunteer hours at the Senior Center.

### **Taste of Italy – April 16, 2020**

Pat will be meeting with Patti today to finalize details of the lunch. The entertainment is already scheduled.

### **Walk A Mile**

Starting May 1 there will be 4 Walk a Mile classes each week with an additional 45 minute class at 8:30am on both Tuesday and most Thursdays. Each member who wishes to attend will need to registered starting on May 1 for either the 8:30 or the 9:30 class which will entitle them to attend on Tuesday and on all Thursday that are scheduled. They will not be able to interchange 8:30 and 9:30 classes. Joanne will coordinate the exercise DVDs and transition from one class to another on both days.

David in Village Public Relations will include a new description of the class in the Spring and Summer Activity Guide explaining the change and member requirements with the notice being prominently in the guide so that members are fully aware of the changes.

### **Forever Fit Classes**

Due to the large number of members wishing to register for the Monday and Wednesday classes at the Hub, the May registration for Forever Fit will change on May with members having to select the class that they wish to attend, either Monday or Wednesday. This will allow those that are on a waiting list for the classes to join. For both Walk a Mile and Forever Fit Debbie anticipates a large number of members coming to the Center at 7:00am on May 1 to make sure they can get registered for the class they wish to attend. There is time to develop an alternative registration plan to avoid members having to miss one of the Forever Fit classes. Debbie requested all suggestions for a better solution. The group discussed possibility of charging \$5.00 for Forever Fit but nothing was settled upon. All suggestions are welcome to get to Debbie before March 15.

### **Combining activities with other Senior Centers.**

Debbie has checked with Carol Stream regarding trips collaboration. Debbie will meet with Milton Township who was impressed by the scope of activities and events done at the Senior Center. Debbie noted that it is better to get business from those who show interest in the center than to solicit a partner to combine activities with.

### **Other Non Casino Trips**

Some of the activities that are planned for this year which are non-gambling are baseball games, Drury Lane, Dining in DuPage, the Madison Quilt Show, Mackinac Island trip and the Black Hills (which is being researched).

### **Senior Center Committee Member Issues – Committee Bylaws**

The group discussed the issue of committee members not attending monthly meetings or participating in activities. The bylaws were developed in 2011 and rediscussed in 2018, but were never taken to the Village Board. Pat and Mary, as Village Trustees, stated that the Board will ok any bylaws our committee develops and does not have to have input or approve them. Debbie will send the copy of the bylaws that were reviewed and revised in 2018 to all current members for review and discussion at the March meeting.

### **Senior Center Committee First Brunch Review**

Jennifer joined the group to recap the comments of the brunch held on February 13. There were no complaints and numerous compliments about the atmosphere, food and committee member interactions. All members were very positive and commented on how delicious the food was and liked the formality of the table cloths and napkins and a ham carving and dessert and fruit stations. Everyone who commented would like to do a brunch again. The pot luck brunch was suggested but due to the unknown number of food donations from the members it was decided that a brunch was not the most

controllable menu for pot luck. There will be a July pot luck lunch instead. It was decided to do another brunch next year.

The Committee acknowledged how much help Jennifer was to them and how her organization made the event so successful.

Some of the suggestions for improvement are:

- More big plates for main buffet serving
- Increase fruit servings and supply bowls for each serving, have fruit trays or put fruit in individual bowls before serving
- Separate the desserts in trays with markers identifying type of cake/bread

The next meeting will be March 25, 2020 at 8:30am.

The meeting was adjourned at 10:07.

Respectfully submitted,

Joanne Soo