

**Glendale Heights Center for Senior Citizens  
Senior Citizens Advisory Committee Meeting  
September 28, 2022  
Minutes**

**PRESENT**

Jennifer Alagna

Leona Breede

Lavonna Hawkins

Joan Kernan

Pat Maritato

Patti Pauling

Mary Schroeder

Joanne Soo

Joe Toma

Guest: Keith Knautz, Director, Leisure Services

The meeting was called to order at 8:30am.

The minutes of the August 24, 2022 meeting were reviewed and accepted. One change is that the Firehouse Lunch and Learn was to be held at the Senior Center not the firehouse.

**Hub Club**

Jennifer reviewed the revised Hub Club which will begin January 1, 2023 with advertisement in Winter Activity Guide.

Beginning January 1, 2023 the Hub Club will begin a new program to include pickle ball, ping pong, open gym, racquetball, walking and current classes at the Hub. For a \$42.00 fee annually. The price may be adjusted for residents of Glendale Heights. The new classes that started last month coordinated by White Crane Wellness at the senior center and current walking classes will be free. White Crane Wellness is also doing fall assessments at their classes.

**Craft Fair and Bake Sale – November 17, 2022**

Joan and Kathy will work with Carolyn to coordinate the craft fair. Carolyn ran the previous craft fairs and will organize with Gabi this year. It will be in the community room and not be on a Bingo day this time. It will be scheduled with the fall bake sale. For the bake sale we will use the usual signup sheet but will not have walk in donations as in the past. The same room and system will be used for the bake sale.

**Bingocize**

The new exercise and bingo combination class has begun. Comments by those who attended were not positive. Jennifer explained that the new classes were less strenuous than current exercising classes and meant to appeal to those who may not have tried any exercise classes. Both Bingocize and Fit and Strong are well attended and appeal to a different set of exercisers.

### **Fitness Center at the Senior Center**

The committee members raised a question as to the reason that the price of the senior center's fitness center is so high. Keith commented that the fitness center is just for members and provides a more intimate, comfortable full service fitness experience for members than going to a public fitness center.

### **Leisure Services Merger**

Keith gave an overview of merger of the three components of leisure services in the village: Senior Center, golf course and Hub. It is expected that the merger will allow for coordination of facilities and equipment and collaboration of the staff among the three spaces. In the early stages of the merger feedback from staff has been positive.

### **Senior Center Grant**

Keith distributed an architect draft of the expansion and changes that will take place at the senior center using the grant money received. The committee to give feedback on request for request for a dance floor in part of the community room or laminate on the entire community room floor. The plan is to have the draft to the architect and go to bid in the winter with construction starting in spring or fall of 2023 depending on the booking for construction. The grant received \$350,000 which will not be enough for the work. About \$350,000 more will be needed from the village to complete the project with Village staff doing some of the work.

### **Line Dancing**

As yet no line dancing instructor has been hired.

### **Senior Center Pop Ups**

The senior center month (September) pop ups were very well received and attracted attention to many members:

Five pop ups with only 4 day notice on consecutive Fridays were held:

Elvis movie – 45 people

Trivia with pizza – 32 people

Ice cream social – 80 people

Pancake breakfast – 48 people

Spill the tea (with teenagers) – 16 seniors and 10 high school teens

The committee suggested adding name tags for use at events.

### **Casino Trips**

Our bus driver, Bob has agreed to drive to Dubuque, Iowa casino on October 3, 2022. Jennifer and Bob, bus driver, are working to get more day casino trips to Elgin, Joliet casinos. Thirteen people can go on the bus.

### **Grant for a bus**

Mary looked into getting a grant for a bus and also checked if we can rent a bus from other Villages. Carol Stream and Hanover Park have large busses. Mary would be willing to go to the village to get a program for rental of busses from other villages. Keith can check with his contact at Carol Stream.

### **Hub Trips**

Lake Geneva – Tuesday, October 18, 2022 8:00am-5:00pm - \$85.00

Volo antique Mall – Tuesday, November 15, 2022 9:00am-4:00pm - \$40.00

### **Lunch and Learns**

DSCC lunch and learn programs will not come back. The senior center will do some lunch and learns similar to the firehouse lunch. Topics will be informative for seniors:

Mental health

Suicide

Drug awareness

Scams

### **Holiday Party:**

Thursday, December 1, 2022

The raffle will be set up the same as it was last year with prizes as well as various gift cards. Jennifer will need the committee to get gift cards for raffle prizes. She will get introductory letters ready and distribute to the committee members.

The next meeting is scheduled for October 26, 2022 at 8:30am.

The meeting was adjourned at 10:40am.

Respectfully submitted,  
Joanne Soo